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Pterostilbene Suppressed Lipopolysaccharide-Induced Up-Expression of iNOS and COX-2 in Murine Macrophages

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Pterostilbene, an active constituent of blueberries, is known to possess anti-inflammatory activity and also to induce apoptosis in various types of cancer cells. Here, we investigated the inhibitory effects of pterostilbene on the induction of NO synthase (NOS) and cyclooxygenase-2 (COX-2) in murine RAW 264.7 cells activated with lipopolysaccharide (LPS). Western blotting and real-time polymerase chain reaction (PCR) analyses demonstrated that pterostilbene significantly blocked the protein and mRNA expression of iNOS and COX-2 in LPS-induced macrophages. Treatment with pterostilbene resulted in the reduction of LPS-induced nuclear translocation of the nuclear factor-xB $(NF\kappa B)$ subunit and the dependent transcriptional activity of NF κB by blocking phosphorylation of inhibitor κB (I κB) α and p65 and subsequent degradation of I $\kappa B\alpha$. Transient transfection experiments using NF κ B reporter constructs indicated that pterostilbene inhibits the transcriptional activity of NF κ B in LPS-stimulated mouse macrophages. We found that pterostilbene also inhibited LPS-induced activation of PI3K/Akt, extracellular signal-regulated kinase 1/2 and p38 MAPK. Taken together, these results show that pterostilbene down regulates inflammatory iNOS and COX-2 gene expression in macrophages by inhibiting the activation of NF κ B by interfering with the activation of PI3K/Akt/IKK and MAPK. These results have an important implication for using pterostilbene toward the development of an effective anti-inflammatory agent.

KEYWORDS: Pterostilbene; inducible NO synthesis (iNOS); NF/kB; RAW 264.7 monocyte/macrophages; lipopolysaccharide (LPS); mitogen-activated protein (MAPK); phosphatidylinositol 3-kinase (PI3K); cyclooxygenase-2 (COX-2)

INTRODUCTION

Pterostilbene (trans-3,5-dimethoxy-4'-hydroxystilbene), a dimethylether analogue of resveratrol, was found to be as effective as resveratrol in preventing carcinogen-induced preneoplastic lesions in a mouse mammary culture model and inhibiting metastatic growth of melanoma cells to the liver (1, 2). Pterostilbene has been demonstrated to have a cancer chemopreventive activity similar to that of resveratrol, and it is cytotoxic to a number of cancer cell lines (3). Pterostilbene,

isolated from Vaccinium barriers, together with resveratrol, suppressed aberrant crypt foci formation in the azoxymethaneinduced colon carcinogenesis in rats (4, 5). A recent report has shown that pterostilbene exhibited anticancer, anti-inflammatory, antioxidant, and analgesic activity (6), but the molecular mechanisms remained to be clarified. The present study has been aimed to investigate the effects of pterostilbene on LPS-induced iNOS and COX-2 expression in mouse. Therefore, we intended to examine the molecular mechanisms of pterostilbene in murine macrophages and to explore underlying molecular mechanisms.

Lipopolysaccharide (LPS), a component of the cell walls of Gram-negative bacteria, induces the activation of monocytes and macrophages and involves the production of proinflammatory cytokines (7). Nitric oxide (NO) is produced endogenously by a family of nitric oxide synthases (NOSs) with a wide range of physiological and pathophysiological actions (8, 9). NOS enzymes are classified into two groups. One group, cNOS, is

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constitutively present in several cell types (e.g., neurons and endothelial cells) (10). The other group, the inducible form (iNOS), which is expressed in various cell types, including macrophages, is induced in response to proinflammatory cytokines and bacterial lipopolysaccharide (LPS) (11, 12). Increased NOS expression and/or activity has been reported in human gynecological (13), breast (14), and central nervous system (15) tumors. The mechanism of the signal transduction cascade involved in the induction of iNOS in response to LPS and cytokines is an active area of investigation (16).

Cyclooxygenase-2 (COX-2) is an inducible enzyme catalyzing the conversion of arachidonic acid to prostaglandins. Recent studies have suggested that increased levels of prostaglandins and cyclooxygenase activity may play important roles in multiple epithelial cancers such as colon carcinoma (17, 18). COX-2-derived bioactive lipids, including prostaglandin E_2 , are potent inflammatory mediators that promote tumor growth and metastasis by stimulating cell proliferation, invasion, and angiogenesis (19). Therefore, high levels of prostaglandins may promote the development of malignancy (20).

Previous reports have shown a potential role for tyrosine kinase in LPS promoters that contain 24 transcriptional factor binding sites, including those for the NFkB family, which appear to be essential for the enhanced iNOS and COX-2 gene expression seen in macrophages exposed to LPS (21, 22). The p65 NF κ B also seems to be responsible for inducing iNOS in astrocytes (23). Activation of NF κ B by LPS is induced by a cascade of events leading to the activation of inhibitor κB (I κB) kinases (IKKs), which in turn phosphorylates $I\kappa B$ and leads to the degradation of NF κ B and its translocation to the nucleus (24). In this pathway, NF κ B transcriptional activity is independent of I κ B α degradation and is regulated by phosphorylation of NF κ B. Phosphorylation at Ser 536 on the p65 subunits is mediated by IKK during LPS stimulation (25). Ser 536 phosphorylation is responsible for the recruitment of coactivators as p300, promoting the transcriptional activation of NF κ B and subsequent production of inflammatory cytokines (26). These IKKs can be activated through phosphorylation by upstream kinases, including NFkB-inducing kinase, mitogen-activate protein kinase, and protein kinase C (27, 28). In addition, many studies imply cytokine in the induction of transcription activity of NF κ B through extracellular signal-regulated 1/2 (ERK)1/2 (p42/44), p38 MAPK, and PI3K/AKT pathways (29-32). Importantly, NO has been shown to be involved in regulating cycoloxygenase-2 (COX-2), which plays a pivotal role in colon tumorigenesis (33). Collectively, suppression of enzyme induction and the activities of iNOS/COX-2 is an important approach to preventing carcinogenesis in several organs, including the stomach and colon (34). The recent emphasis on the role of NO in pathological conditions such as atherosclerosis including hypercholesterolaemia, hypertension, diabetes, smoking, and cardiovascular disease has led to discovery of new therapeutic agents. Here, we found that pterostilbene was able to protect against LPS-induced inflammation by blocking the activation of NFkB, p44/42 MAPK, and PI3K/Akt, thereby inhibiting the iNOS and COX-2 expression.

MATERIALS AND METHODS

Reagents. Lipopolysaccharide (LPS) (*Escherichia coli* 0127:E8), sufanilamide, naphthylethylenediamine dihydrochloride, and dithiothreitol (DTT) were purchased from Sigma Chemical Co. (St. Louis, MO). The sample of pterostilbene used in the studies was isolated from *Pterocarpus marsupium* (*35*). Pterostilbene was synthesized according to the method reported by Pettit et al. (*36*). The purity of pterostilbene was determined by HPLC as higher than 99.2%. **Cell Culture.** RAW 264.7 cells, derived from murine macrophages, were obtained from the American Type Culture Collection (Rockville, MD). RAW 264.7 cells were cultured in Roswell Park Memorial Institute (RPMI) 1640 media (without phenol red) supplemented with 10% endotoxin-free, heat-inactivated fetal calf serum (GIBCO, Grand Island, NY), 100 units/mL penicillin, and 100 μ g/mL streptomycin. When the cells reached a density of $2-3 \times 10^6$ cells/mL, they were activated by incubation in medium containing *E. coli* LPS (100 ng/mL). Various concentrations of test compounds dissolved in dimeth-ylsulfoxide were added together with LPS. Cells were treated with 0.05% DMSO as vehicle control.

Determination of Prostaglandin E₂ (PGE₂). The culture medium of control and treated cells was collected, centrifuged, and stored at -70 °C until tested. The level of PGE₂ released into the culture medium was quantified using a specific enzyme immunoassay (EIA) according to the manufacturer's instructions (Amersham, Arlington Heights, IL) (*37*).

Nitrite Assay. The nitrite concentration in the culture medium was measured as an indicator of NO production, according to the Griess reaction (*38*). A portion of each supernatant (100 μ L) was mixed with the same volume of Griess reagent (1% sulfanilamide in 5% phosphoric acid and 0.1% naphthylethylenediamine dihydrochloride in water). Absorbance of the mixture at 550 nm was measured with an enzyme-linked immunosorbent assay plate reader (Dynatech MR-7000; Dynatech Laboratories, Chantilly, VA).

Cytotoxicity Assay. The RAW 264.7 cells were cultivated at a density of 2×10^5 cells in a six-well plate. The pterostilbene studied was added to the medium 18 h after inoculation. The cells were harvested after 18 h. Viability was determined by trypan blue exclusion and microscopy examination.

Western Blotting. Afterward, the stimulated murine macrophage cell line RAW 264.7 cells were washed with PBS and lysed in an icecold RIPA buffer (Tris-HCl, pH 7.2, 25 mM; 0.1% SDS; 1% Triton X-100; 1% sodium deoxycholate; 0.15 M NaCl; 1 mM EDTA) containing 1 mM phenyl methyl sulfonyl fluoride (PMSF), 10 µg/mL aprotinin, 1 mM sodium orthovanadate, and 5 µg/mL leupeptin. Protein concentrations were determined using the BCA method (Pierce, Rockford, IL). The samples (50 μ g of protein) were mixed with 5-fold sample buffer containing 0.3 M Tris-HCl (pH 6.8), 25% 2-mercaptoethanol, 12% sodium dodecyl sulfate (SDS), 25 mM EDTA, 20% glycerol, and 0.1% bromophenol blue. The mixtures were boiled at 100 °C for 5 min, prerun on a stacking gel, and then resolved by 12% SDS-polyacrylamide minigels at a constant current of 20 mA. For electrophoresis, proteins on the gel were electro-transferred onto a 45 µm immobile membrane (PVDF; Millipore Corp., Bedford, MA) with a transfer buffer composed of 25 mM Tris-HCl (pH 8.9), 192 mM glycine, and 20% methanol, as described previously (39). The membrane was then incubated with the primary antibody of COX-2 or iNOS (Transduction Laboratories, Lexington, KY) and cytosolic fraction (for IkBa, p65). The membrane was blocked overnight at room temperature with blocking solution (20 mM Tris-HCl pH 7.4, 125 mM NaCl, 0.2% Tween 20, 1% bovine serum albumin, and 0.1% sodium azide), antiphospho (Ser 32)-specific IkBa (New England Biolabs, Ipwich, MA), or anti- β -Actin monoclonal antibodies (Oncogene Science Inc., Uniondale, NJ) at room temperature for 1 h. The antiphospho-Akt (Ser473), antiphospho-p65 (Ser536), antiphospho-p38 (Thr180/ Tyr182), antiphospho-JNK, antiphospho-ERK1/2 (Thr202/Tyr204), ERK, JNK, p38, and Akt antibodies obtained from Cell Signaling Technology (Beverly, MA) were used to determine the level of phosphorylated proteins. The membranes were subsequently probed with antimouse or antirabbit IgG antibody conjugated to horseradish peroxidase (Transduction Laboratories, Lexington, KY) and visualized using enhanced chemiluminescence (ECL, Amersham). The densities of the bands were quantitated with a computer densitometer (AlphaImager 2200 System). All the membranes were stripped and reprobed for β -Actin (Sigma Chemical Co., St. Louis, MO) as loading control.

Quantitative Real-Time Reverse-Transcription Polymerase Chain Reaction. Total RNA of cells was extracted using TRIZOL reagent according to the supplier's protocol. The concentration of RNA content was determined by measuring the UV absorbance at 260 and 280 nm, and the RNA was stored at -70 °C until real-time PCR analysis. A

Table 1.	. PCR	Primers	and	TaqMan	Probes	Used	in	the	Experimen
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genebank accession nos.	name	sequence	probe (no.)
NM_011198.2	$\begin{array}{l} \textit{Mus musculus} \text{ prostaglandin-endoperoxide synthase 2 (COX-2)} \\ \textit{Mus musculus} \text{ strain ICR inducible nitric oxide synthase (iNOS)} \\ \text{mouse cytoplasmic } \beta\text{-Actin mRNA } (\beta\text{-Actin}) \end{array}$	forward: gggagtctggaacattgtgaa reverse: gcacgttgattgtaggtggactgt	4
AY090567.1		forward: accctaagagtcaccaaaatgg reverse: ccagggattctggaacattct	17
M12481.1		forward: ccaaccgtgaaaagatgacc reverse: accagaggcatacagggaca	64

total of 2 μ g of RNA was transcribed into cDNA using SuperScript II RNase H- reverse transcriptase (Invitrogen, Renfrewshire, U.K.) in a final volume of 20 μ L. RT reactions were performed at 42 °C, 50 min, and 99 °C, 5 min, in a Gene Cycler thermal cycler (Bio-Rad). Negative controls were simultaneously performed by including all of the components except RT.

In the real-time PCR analysis, specific primers and a fluorogenic probes were designed to target the conserved regions of various genes using the Lightcycler (LC) probe design software (Roche), according to the manufacture's guidelines for the design of PCR primers and TaqMan probes. The PCR primers and TaqMan probes used in this experiment are listed in **Table 1**.

All TaqMan PCR primers were located in two different exons of each gene to avoid amplification of any contaminating genomic DNA. All PCR reactions were performed using the LightCycler System (Roche Diagnostics, Switzerland) in a total volume of 20 μ L containing 1× Taq polymerase buffer, 5 mmol/L MgCl₂, 200 μ mol/L deoxynucleotides, 300 nmol/L each primer, 150 nmol/L probe, 1 U Taq polymerase, and 20 ng of cDNA. Water instead of cDNA template was used for the negative controls. The gene amplification was done in duplicate for each sample. The thermal cycling conditions are 5 min at 94 °C, followed by 45 cycles, in which each cycle was at 94 °C for 15 s and at 60 °C for 1 min. The relative expression level of the gene in the samples was calculated with the LightCycler software and normalized with housekeeping control (β -Actin).

Transient Transfection and Luciferase Assay. The luciferase assay was performed as described by George et al. (40) with some modifications. RAW 264.7 cells were seeded in a 60 mm dish. When the cells reached confluence, the medium was replaced with serum-free Opti-MEM (Gibco). The cells were then transfected with the pNF κ B-Luc plasmid reporter gene (Stratagene, Jalla, CA) using LipofectAMINE reagent (Gibo, NRL, Life Technologies, Inc.). After 24 h of incubation, the medium was replaced with complete medium. After another 24 h, the cells were trypsinized and equal numbers of cells were plated in 12-well tissue culture plates for 18 h. The cells were then incubated with 100 ng/mL LPS and pterostilbene for 3 h. Each well was then washed twice with cold PBS and harvested in 150 μ L of lysis buffer (0.5 M HEPES pH 7.8, 1% Triton N-101, 1 mM CaCl₂, and 1 mM MgCl₂). Luciferase activity was assayed by means of the LucLite luciferase reporter gene kit (Packard BioScience Company, Meriden, CT), with 100 µL of cell lysate used in each assay. Luminescence was measured on a top counter microplate scintillation and luminescence counter (Packard 9912 V) in single photon counting mode for 0.1 min/ well, following a 5 min adaptation in the dark. Luciferase activities were determined and normalized to protein concentrations.

Statistical Analysis. Data are presented as means \pm SE for the indicated number of independently performed experiments. One way Student's *t*-test was used to assess the statistical significance between the LPS- and pterostilbene plus LPS-treated cells. A *P* value < 0.05 was considered statistically significant.

RESULTS

Inhibition of LPS-Induced Nitrite and PGE₂ Production Pterostilbene in RAW 264.7 Macrophages. To investigate the anti-inflammatory effect of pterostilbene (Figure 1A), we tested their effect on nitrite and prostaglandin production in LPSactivated macrophages. Pterostilbene at 30 μ M did not interfere with the reaction between nitrite and Griess reagents (data not shown). As shown in Figure 2, pterostilbene inhibited nitrite production by >50% at 10 μ M. Pterostilbene, at a concentration range $1-30 \ \mu$ M, markedly and concentration-dependently suppressed nitrite production. After treatment with LPS for 24 h, the medium concentration of PGE₂ had elevated significantly to 6.4 ng/mL. This increase was markedly inhibited by different concentrations of pterostilbene (**Figure 3**). Inhibition of nitrite and PGE₂ production was not toxic, as determined by the trypan blue exclusion assay (**Figure 1B**).



Figure 1. (A) Chemical structure of pterostilbene. (B) Cytotoxic effects of pterostilbene in RAW 264.7 cells. Cytotoxicity was estimated by trypan blue exclusion using a hemocytometer chamber. The values are expressed as means \pm standard error of triplicate tests.



Figure 2. Effects of pterostilbene on LPS-induced nitrite production in RAW 264.7 macrophage. The cells were treated with 100 ng/mL of LPS only or with different concentrations of pterostilbene for 24 h. At the end of incubation time, 100 μ L of the culture medium was collected for nitrite assay. The values are expressed as means \pm standard error of triplicate tests. **P* < 0.05 and ***P* < 0.01, indicating statistically significant differences from the LPS-treated group.



Figure 3. Effects of pterostilbene on LPS-induced PGE₂ production in RAW 264.7 macrophage. The cells were treated with 100 ng/mL of LPS only or with different concentrations and pterostilbene (1 and 20 μ M) for 24 h. At the end of incubation time, 100 μ L of the culture medium was collected for the PGE₂ assay. The values are expressed as means \pm standard error of triplicate tests. **P* < 0.05 and ***P* < 0.01, indicating statistically significant differences from the LPS-treated group.

Pterostilbene Inhibition of LPS-Induced iNOS and COX Gene Expression. We next investigated whether pterostilbene might affect levels of iNOS and COX-2 proteins. As shown in Figure 4A, pterostilbene strongly and concentration-dependently suppressed the protein levels of both iNOS and COX-2. These data suggest that translational events are involved in pterostilbene's inhibition of LPS-induced expression of iNOS and COX-2. Changes in the amounts of iNOS and COX-2 enzymes could reflect altered protein synthesis or degradation. Real-time PCR analysis was done to investigate whether pterostilbene suppressed LPS-mediated induction of iNOS and COX-2 via a pretranslational mechanism. From the result of this experiment, we have found that there is a statistically significant (P < 0.01) suppression of *iNOS* and *COX-2* (β -Actin as control gene) gene expression in a dose-dependent manner in LPS-activated macrophages (Figure 4B, C). These data suggest that pterostilbene may inhibit the expression of iNOS and COX-2 at the transcription levels. The inhibitory effect of pterostilbene on iNOS and COX-2 activities in LPS-activated macrophages was further studied in detail.

Reduction of Nuclear NFKB Level and NFKB Activation by Pterostilbene Treatment in LPS-Stimulated Macrophages. Because activation of NF κ B is critical for induction of both iNOS and COX-2 by LPS or other inflammatory cytokines, we used nuclear accumulation to test whether pterostilbene would perturb the distribution of NF κ B subunits. Nucleus and cytosolic extracts were prepared and subjected to immunoblot analysis. As shown in Figure 5A, coincubation with LPS plus pterostilbene decreased NF κ B proteins in the nucleus. PARP, a nuclear protein, and β -Actin, a cytosolic protein, were used as controls to confirm that there was no contamination during extraction of each fraction. In an additional study, transient transfection with a NFkB-dependent luciferase reporter plasmid was done to confirm whether pterostilbene inhibited NF κ B binding activity in LPS-induced macrophages. As shown in **Figure 5B**, pterostilbene inhibited LPS-induced NF κ B transcriptional activity in a dose-dependent manner.

Inhibitory Effects of Pterostilbene on LPS-Induced Phosphorylation and Degradation of $I\kappa B\alpha$. Because the LPS-mediated translocation of NF κ B to the nucleus is preceded by the phosphorylation and proteolytic degradation of $I\kappa B\alpha$, we



Figure 4. Effects of pterostilbene on LPS-induced iNOS and COX-2 protein expression in RAW 264.7 cells. (**A**) The cells were treated with different concentrations of pterostilbene for 24 h. Equal amounts of total proteins (50 μ g) were subjected to 10% SDS-PAGE. The expression of iNOS, COX-2, and β -Actin protein was detected by Western Blot using specific antibodies. This experiment was repeated three times with similar results. (**B**, **C**) Real-time PCR analyses of the expression of iNOS and COX-2 mRNA. Cells were treated with LPS (100 ng/mL) and pterostilbene (1–20 μ M) for 5 h; the mRNA expression of *iNOS* and *COX-2* genes was performed using the LighCycler System and TaqMan probe real-time PCR. The values are expressed as means \pm standard error of triplicate tests. **P* < 0.05 and ***P* < 0.01, indicating statistically significant differences from the LPS-treated group.

examined the phosphorylated and unphosphorylated protein levels of $I\kappa B\alpha$ by immunoblot analysis. It was found that the treatment with LPS caused the serine-phosphorylation of $I\kappa B\alpha$ protein, as evidenced by the presence of anti-Ser32-phosphospecific $I\kappa B\alpha$ antibody after 15–60 min and the degradation of $I\kappa B\alpha$ after 30 min. Levels of $I\kappa B\alpha$ gradually recovered after 45–60 min. (**Figure 6A**). As shown in **Figure 6B**, treatment with pterostilbene effectively sustained the $I\kappa B\alpha$ protein content. The pattern of inhibition on $I\kappa B\alpha$ phosphorylation by pterostilbene was paralleled to the pattern of inhibition on its degradation. These results suggest that, by blocking the phos-



Figure 5. Effects of pterostilbene on LPS-induced p65 and p50 translocation and NF κ B activation in RAW264.7 cells. (**A**) Cells were treated with LPS (100 ng/mL) with or without pterostilbene (5 or 10 μ M) for 45 min. Then, cytosolic and nuclear fractions were prepared and analyzed by Western Blotting. (**B**) The cells were transiently transfected with 2 μ g of pNF κ B-Luc reporter gene and then treated with LPS (100 ng/mL) with or without pterostilbene for 12 h. Cells were harvested, and the levels of luciferase activities were determined as described in the Materials and Methods section. Results show the means \pm standard error of triplicate tests. **P* < 0.05 vs LPS treatment.

phorylation and the degradation of $I\kappa B\alpha$ protein, pterostilbene can inhibit the production of NO and PGE₂ thus preventing the translocation and activation of NF κ B in the nucleus (**Figure 5**).

Effects of Pterostilbene on Activation of ERK1/2 (p44/ 42), p38 MAP kinase, PI3K, and Akt. Because ERK1/2 (p44/ 42) and p38 MAPK have been shown to be involved in the LPS-mediated induction of iNOS and COX-2 in mouse macrophages (41, 42) and cytokine activation of PI3K/Akt pathway leads to the phosphorylation and activation of the NF κ B (43), we investigated the effects of pterostilbene on the activation of ERK1/2, p38 MAPK, and PI3K/Akt in LPS-stimulated macrophages. Activation of MAPK requires phosphorylation of threonine and tyrosine residues (44). When the cells were cotreated with both pterostilbene and LPS for 30 min, pterostilbene was found to attenuate the LPS-stimulated activation of ERK1/2 and p38 MAPK (Figure 7A, B) but not affect LPS's activation of JNK (Figure 7C). We used immunoblot analysis with anti-p85 antibody to investigate whether PI3K pathway was involved in the pterostilbene's inhibition of LPS-induced RAW 264.7 macrophages. We detected PI3K activity. The LPSstimulated activation of PI3K was attenuated by pterostilbene (Figure 7C). To further evaluate the involvement of Akt, a downstream target of PI3K, in LPS-induced responses, we used immunoblot analysis with antiphospho-Akt antibody to examine Akt activity in macrophage cells. When the cells were cotreated



Figure 6. Effects of pterostilbene on LPS-induced phosphorylation and degradation of I_kB α . (**A**) RAW 264.7 cells were treated with LPS (100 ng/mL) for different times. Total cellular lysates were prepared for Western Blot analysis. (**B**) Cells were treated with LPS (100 ng/mL) and pterostilbene (10 μ M) for different times, and the cellular lysates were prepared and analyzed for content of I_kB α , *P*-I_kB α , and β -Actin by Western Blot. These experiments were repeated three times with similar results.



Figure 7. Inhibition of ERK1/2, p38 MAPK, and PI3K/Akt by pterostilbene in LPS-activated RAW macrophages. RAW 264.7 cells were treated with LPS (100 ng/mL) with or without pterostilbene (5 or 10 μ M) for 30 min. Cells extracts were then prepared and analyzed for (**A**) p44/42 and *P*-p44/42, (**B**) p38 and *P*-p38, (**C**) *P*-JNK and JNK, or (**D**) *P*-PI3K and *P*-Akt by Western Blot. These experiments were repeated three times with similar results.

with pterostilbene and LPS for 30 min, the LPS-stimulated activation of Akt was attenuated by pterostilbene in a dosedependent manner (**Figure 7C**). These results of our immunoblot analyses suggest that pterostilbene's inhibition of iNOS and COX-2 expression might block LPS-induced NF κ B activation by inhibiting the ERK1/2, p38, and PI3K/Akt/IKK pathway, which interrupts the degradation of I κ B α .

DISCUSSION

Epidemiological studies have linked the consumption of fruits and vegetables to reduced risk of several types of human cancer (45). Laboratory animal studies have provided evidence that pterostilbene significantly suppressed azoxymethane-induced formation of ACF and multiple clusters of aberrant crypts and inhibited AOM-induced iNOS expression (46). Recent study indicated that rats were dosed i.v. with 20 mg/kg pterostilbene and found that a pterostilbene glucuronidated metabolite was detected in both serum and urine. The in vitro metabolism in rat liver microsomes furthermore suggests phase II metabolism of pterostilbene (47). Moreover, pterostilbene has been reported to exhibit many biological effects including anti-inflammatory activity (6), but their anti-inflammatory mechanism is still not clear. In the present study, for the first time, we have examined the effects and mechanisms of pterostilbene on LPS-induced expression of iNOS and COX-2. In this study, we found that pterostilbene was a strong inhibitor of iNOS and COX-2 expression in LPS-activated macrophages (Figure 4).

Because there is a causal relationship between inflammation and cancer, iNOS and COX-2 are considered potential molecular targets for chemoprevention (48, 49). Our present results suggest that pterostilbene's inhibition of the ERK1/2, p38 MAPK, and PI3K/Akt signaling pathway may partially explain how it reduces the induction of the iNOS and COX-2 proteins. In contrast, pterostilbene did not affect the JNK signaling cascade elicited by LPS in macrophages. The possible mechanism is that pterostilbene down regulates inflammatory *iNOS* and *COX-2* gene expression in macrophages by inhibiting the activation NF κ B by interfering with the activation of PI3K/Akt and MAPK.

Activation of NF κ B is necessary for LPS induction of the iNOS and COX-2 promoters (50). NF κ B is composed mainly of two proteins, p50 and p65. In resting cells, the NF κ B heterodimer is held in the cytosol through interaction with $I\kappa B$ inhibitory proteins (51). With exposure to proinflammatory stimuli, $I\kappa B$ becomes phosphorylated, ubiquitinated, and then degraded. Thus, the liberated NF κ B dimers are translocated to the nucleus, where the transcription of the target gene is induced. Our results show that pterostilbene reduces iNOS and COX-2 expression by blocking transcription of their genes, a conclusion supported by the observation that it reduced the steady state of iNOS and COX-2 mRNA levels, and promoter activity (as assessed by leuciferase activity assay). Phosphorylation plays an important role in activating protein tyrosine kinase. Many signaling pathways, including PI3K/Akt and mitogen-activated protein kinase, have been proposed to respond to LPS stimulation (52). PI3K activation leads to phosphorylation of phosphatidylinositides, which then activate the downstream main target, Akt, which appears to play various important roles in regulating cellular growth, differentiation, adhesion, and the inflammatory reaction (53). Activation of PI3K/Akt plays an important role in the expression of iNOS and COX-2 in vascular smooth muscle cells, peritoneal macrophages, and mesangial cells (54, 55). Our findings showed the PI3K/Akt pathway to be involved in pterostilbene's inhibition of expression of NF κ Brelated iNOS and COX-2. In this study, we found that incubation of RAW 264.7 cells with LPS brought about the activation of p38 and ERK1/2. We also found that cotreatment of pterostilbene only blocked the activation of ERK1/2 and p38MAPK. These results suggest that pterostilbene suppresses LPS-induced NF κ B translocation by inhibiting the activation of MAPK and subsequently decreasing the protein levels of iNOS and COX-2.

On the basis of our above findings, we are proposing pterostilbene to be a potential and novel chemopreventive agent and may be used in the future to treat inflammation-associated tumorigenesis. The possible relationship between the structural properties of pterostilbene and their anti-inflammatory and anticarcinogenic activities deserves further investigation.

ABBREVIATIONS USED

iNOS, inducible nitric oxide synthase; LPS, lipopolysaccharide; NO, nitric oxide; COX-2, cycoloxygenase-2; PGE₂, prostaglandin E₂; I κ B, inhibitor κ B; NF κ B, nuclear factor κ B; MAPK, mitogen-activated protein kinase.

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